

## EVOLUCIÓ RÈCORDS DE SABADELL ABSOLUTS DONES PISTA COBERTA

| Marca                          | Nom                                    | Any  | Club   | Data       | Lloc           |
|--------------------------------|----------------------------------------|------|--------|------------|----------------|
| <b>50 m.ll.</b>                |                                        |      |        |            |                |
| 7"3                            | Lluïsa Resino Aguado                   | 1947 | J.A.S. | 28/01/1968 | Barcelona      |
| 7"3                            | Lluïsa Resino Aguado                   | 1947 | J.A.S. | 28/01/1968 | Barcelona      |
| 7"3                            | Glòria Pujol Clusella                  | 1957 | J.A.S. | 09/02/1974 | Sabadell       |
| 7"0                            | Glòria Pujol Clusella                  | 1957 | J.A.S. | 15/02/1975 | Sabadell       |
| 6"6                            | Montse Pujol Clusella                  | 1961 | J.A.S. | 18/12/1976 | Sabadell       |
| <b>60 m.ll.</b>                |                                        |      |        |            |                |
| 7"4                            | Mònica Marín Duran                     | 1976 | J.A.S. | 19/01/1992 | Zaragoza       |
| <b>60 m.ll. elèctric</b>       |                                        |      |        |            |                |
| 7"90                           | Montse Pujol Clusella                  | 1961 | J.A.S. | 27/02/1977 | San Sebastián  |
| 7"82                           | Montse Pujol Clusella                  | 1961 | J.A.S. | 27/02/1977 | San Sebastián  |
| 7"79                           | Montse Pujol Clusella                  | 1961 | J.A.S. | 27/02/1977 | San Sebastián  |
| 7"63                           | Monica Marín Durán                     | 1976 | J.A.S. | 02/03/1991 | Zaragoza       |
| 7"61                           | Monica Marín Durán                     | 1976 | J.A.S. | 01/03/1992 | Zaragoza       |
| <b>150 m. llisos</b>           |                                        |      |        |            |                |
| 20"7                           | Carme Valero Omedes                    | 1955 | J.A.S. | 16/01/1971 | Sabadell       |
| 20"1                           | Glòria Pujol Clusella                  | 1957 | J.A.S. | 21/10/1972 | Sabadell       |
| <b>200 m. llisos</b>           |                                        |      |        |            |                |
| 25"0                           | Monica Marín Durán                     | 1976 | J.A.S. | 13/03/1993 | San Sebastián  |
| <b>200 m. llisos elèctric</b>  |                                        |      |        |            |                |
| 25"09                          | Monica Marín Durán                     | 1976 | J.A.S. | 14/03/1993 | San Sebastián  |
| 24"81                          | Monica Marín Durán                     | 1976 | J.A.S. | 14/03/1993 | San Sebastián  |
| 24"62                          | Eva Martín Estévez                     | 1985 | J.A.S. | 06/02/2005 | Madrid         |
| <b>300 m. llisos</b>           |                                        |      |        |            |                |
| 46"6                           | Carme Valero Omedes                    | 1955 | J.A.S. | 20/12/1969 | Barcelona      |
| 42"4 R.E.                      | Glòria Pujol Clusella                  | 1957 | J.A.S. | 20/01/1973 | La Coruña      |
| 41"6 R.E.                      | Glòria Pujol Clusella                  | 1957 | J.A.S. | 03/02/1973 | Sabadell       |
| 41"6 R.E.                      | Glòria Pujol Clusella                  | 1957 | J.A.S. | 23/02/1974 | Sabadell       |
| 39"5 R.E.                      | Montse Pujol Clusella                  | 1961 | J.A.S. | 05/03/1977 | Madrid         |
| 39"5 R.E.                      | Montse Pujol Clusella                  | 1961 | J.A.S. | 06/03/1977 | Madrid         |
| <b>300 m. llisos elèctrics</b> |                                        |      |        |            |                |
| 40"09 R.E.                     | Monica Marín Durán                     | 1976 | J.A.S. | 02/03/1991 | Zaragoza       |
| 38"74 R.E.                     | Monica Marín Durán                     | 1976 | J.A.S. | 03/03/1991 | Zaragoza       |
| <b>400 m. llisos</b>           |                                        |      |        |            |                |
| 1'14"3                         | Anna M <sup>a</sup> Sanmartí Monistrol | 1953 | J.A.S. | 28/01/1968 | Barcelona      |
| 1'11"4                         | Manuela Ortega Quintana                | 1953 | J.A.S. | 28/01/1968 | Barcelona      |
| 1'11"4                         | Manuela Ortega Quintana                | 1953 | J.A.S. | 28/01/1968 | Barcelona      |
| 1'06"1                         | Rosa M <sup>a</sup> Saña Vilaseca      | 1954 | J.A.S. | 20/12/1970 | Sabadell       |
| 1'03"2                         | Glòria Pujol Clusella                  | 1957 | J.A.S. | 13/01/1973 | Sabadell       |
| 1'01"1                         | Glòria Pujol Clusella                  | 1957 | J.A.S. | 10/03/1973 | Sabadell       |
| 1'00"7                         | Glòria Pujol Clusella                  | 1957 | J.A.S. | 10/03/1973 | Sabadell       |
| 58"8                           | Glòria Pujol Clusella                  | 1957 | J.A.S. | 02/02/1974 | La Coruña      |
| 58"3                           | Glòria Pujol Clusella                  | 1957 | J.A.S. | 01/03/1975 | Madrid         |
| 56"7 R.C.                      | Montse Pujol Clusella                  | 1961 | J.A.S. | 04/02/1978 | Oviedo         |
| 56"5 R.C.                      | Montse Pujol Clusella                  | 1961 | J.A.S. | 25/02/1978 | Zaragoza       |
| 56"3 R.C.                      | Montse Pujol Clusella                  | 1961 | J.A.S. | 01/03/1978 | Cosford (G.B.) |
| 56"1                           | Monica Marín Durán                     | 1976 | J.A.S. | 22/02/1997 | Valencia       |

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| <b>400 m.II. elèctric</b> |                                      |      |        |            |                     |
| 57"78                     | Glòria Pujol Clusella                | 1957 | J.A.S. | 25/02/1975 | Madrid              |
| 57"45                     | Glòria Pujol Clusella                | 1957 | J.A.S. | 27/02/1977 | San Sebastián       |
| 56"38                     | Monica Marín Durán                   | 1976 | J.A.S. | 09/02/1997 | Zaragoza            |
| 55"93                     | Monica Marín Durán                   | 1976 | J.A.S. | 23/02/1997 | Valencia            |
| <b>600 m.II.</b>          |                                      |      |        |            |                     |
| 1'52"0                    | Pilar Puigvert Gracia                | 1953 | J.A.S. | 16/02/1969 | Barcelona           |
| 1'45"4                    | Carme Valero Omedes                  | 1955 | J.A.S. | 30/01/1971 | Sabadell            |
| 1'38"6 R.C.               | Montse Pujol Clusella                | 1961 | J.A.S. | 08/03/1975 | Madrid              |
| 1'34"8 R.E.               | Montse Pujol Clusella                | 1961 | J.A.S. | 19/02/1977 | Sabadell            |
| <b>800 m.II.</b>          |                                      |      |        |            |                     |
| 2'47"4                    | Rosa M <sup>a</sup> Saña Vilaseca    | 1954 | J.A.S. | 27/01/1968 | Barcelona           |
| 2'46"4                    | Rosa M <sup>a</sup> Saña Vilaseca    | 1954 | J.A.S. | 28/01/1968 | Barcelona           |
| 2'39"7                    | Rosa M <sup>a</sup> Saña Vilaseca    | 1954 | J.A.S. | 01/02/1969 | Barcelona           |
| 2'24"2                    | Carme Valero Omedes                  | 1955 | J.A.S. | 08/01/1972 | Sabadell            |
| 2'21"0                    | Carme Valero Omedes                  | 1955 | J.A.S. | 05/02/1972 | Sabadell            |
| 2'16"9 R.C.               | Carme Valero Omedes                  | 1955 | J.A.S. | 23/02/1972 | Sabadell            |
| 2'14"6 R.C.               | Carme Valero Omedes                  | 1955 | J.A.S. | 03/02/1973 | Sabadell            |
| 2'13"04                   | Marta Martín Jiménez                 | 1981 | J.A.S. | 20/02/1999 | Sevilla             |
| 2'11"20                   | Cristina Vallés Grau                 | 1982 | J.A.S. | 26/03/2000 | Valencia            |
| <b>1.000 m.II.</b>        |                                      |      |        |            |                     |
| 3'10"6                    | Leonor Valero Omedes                 | 1959 | J.A.S. | 01/02/1975 | Sabadell            |
| 3'07"5                    | Teresa Benet Graupera                | 1965 | J.A.S. | 07/03/1981 | Madrid              |
| 3'02"5                    | Àngels Valls Valls                   | 1969 | J.A.S. | 10/03/1984 | Valencia            |
| <b>1.500 m.II.</b>        |                                      |      |        |            |                     |
| 4'46"6 R.C.               | Carme Valero Omedes                  | 1955 | J.A.S. | 10/02/1973 | Madrid              |
| 4'37"7 R.E.               | Carme Valero Omedes                  | 1955 | J.A.S. | 24/02/1973 | Madrid              |
| 4'23"8 R.E.               | Carme Valero Omedes                  | 1955 | J.A.S. | 12/02/1977 | Sabadell            |
| 4'17"15 R.E.              | Carme Valero Omedes                  | 1955 | J.A.S. | 27/02/1977 | San Sebastián       |
| <b>Milla</b>              |                                      |      |        |            |                     |
| 5'37"85                   | Andrea Pérez Algarra                 | 1997 | J.A.S. | 02/12/2016 | Jonesboro (USA)     |
| 5'35"03                   | Carla Catalá Martín                  | 1997 | J.A.S. | 22/01/2017 | Birmingham (USA)    |
| 5'34"71                   | Carla Catalá Martín                  | 1997 | J.A.S. | 05/02/2017 | Birmingham (USA)    |
| 5'30"58                   | Carla Catalá Martín                  | 1997 | J.A.S. | 18/02/2017 | Winston-Salem (USA) |
| 5'13"00                   | Andrea Pérez Algarra                 | 1997 | J.A.S. | 03/12/2017 | Jonesboro (USA)     |
| <b>3.000 m.II.</b>        |                                      |      |        |            |                     |
| 10'30"2                   | Àngels Valls Valls                   | 1969 | J.A.S. | 09/03/1986 | Madrid              |
| 10'25"7                   | Esther Solera Genaro                 | 1976 | J.A.S. | 12/03/1994 | Zaragoza            |
| 9'46"23                   | Rosa M <sup>a</sup> Morató Rodríguez | 1979 | J.A.S. | 17/01/1999 | Vilafranca          |
| 9'17"13                   | Rosa M <sup>a</sup> Morató Rodríguez | 1979 | J.A.S. | 24/02/2001 | Valencia            |

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|-------------------------|----------------------------------------|------------|-------------|-------------|---------------|
| <b>50 m.t.</b>          |                                        |            |             |             |               |
| 10"0                    | Anna M <sup>a</sup> Sanmartí Monistrol | 1953       | J.A.S.      | 02/02/1969  | Barcelona     |
| 9"7                     | M <sup>a</sup> Àngels Cuervo Gómez     | 1955       | J.A.S.      | 18/01/1975  | Sabadell      |
| 7"6 R.E.                | Montse Pujol Clusella                  | 1961       | J.A.S.      | 18/12/1976  | Sabadell      |
| <b>60 m.t.</b>          |                                        |            |             |             |               |
| 8"9 R.C.                | Montse Pujol Clusella                  | 1961       | J.A.S.      | 15/01/1977  | Oviedo        |
| 8"8 R.E.                | Montse Pujol Clusella                  | 1961       | J.A.S.      | 15/01/1977  | Oviedo        |
| <b>60 m.t. elèctric</b> |                                        |            |             |             |               |
| 9"31 R.C.               | Montse Pujol Clusella                  | 1961       | J.A.S.      | 14/02/1976  | Madrid        |
| 9"19 R.C.               | Montse Pujol Clusella                  | 1961       | J.A.S.      | 14/02/1976  | Madrid        |
| 9"10 R.C.               | Montse Pujol Clusella                  | 1961       | J.A.S.      | 22/01/1977  | Madrid        |
| 8"87 R.E.               | Montse Pujol Clusella                  | 1961       | J.A.S.      | 05/02/1977  | Madrid        |
| 8"87 R.C.               | Montse Pujol Clusella                  | 1961       | J.A.S.      | 12/02/1977  | San Sebastián |
| <b>3.000 m.m.</b>       |                                        |            |             |             |               |
| 15'06"25                | Cristina Marín Duran                   | 1974       | J.A.S.      | 14/03/1993  | San Sebastián |
| 14'29"22                | Sofía Santacreu Calatayud              | 2006       | J.A.S.      | 06/03/2021  | Barcelona     |

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|-----------------|----------------------------------------|------|--------|------------|---------------|
| <b>Alçada</b>   |                                        |      |        |            |               |
| 1,54            | Montse Pujol Clusella                  | 1961 | J.A.S. | 11/01/1975 | Sabadell      |
| 1,58            | Montse Pujol Clusella                  | 1961 | J.A.S. | 15/02/1975 | Sabadell      |
| 1,65 R.C.       | Montse Pujol Clusella                  | 1961 | J.A.S. | 07/02/1976 | Madrid        |
| 1,68 R.C.       | Montse Pujol Clusella                  | 1961 | J.A.S. | 28/02/1976 | Sabadell      |
| 1,70            | Mar Codó Bas                           | 1977 | J.A.S. | 08/03/1992 | Zaragoza      |
| 1,71            | Mar Codó Bas                           | 1977 | J.A.S. | 20/02/1994 | San Sebastián |
| <b>Perxa</b>    |                                        |      |        |            |               |
| 2,74 R.C.       | Silvia Delgado Rama                    | 1973 | J.A.S. | 06/02/1994 | Zaragoza      |
| 2,90 R.E.       | Silvia Delgado Rama                    | 1973 | J.A.S. | 05/03/1994 | Sant Cugat    |
| 3,06 R.E.       | Silvia Delgado Rama                    | 1973 | J.A.S. | 28/01/1995 | Sant Cugat    |
| 3,20 R.E.       | Silvia Delgado Rama                    | 1973 | J.A.S. | 28/01/1995 | Sant Cugat    |
| 3,25 R.E.       | Silvia Delgado Rama                    | 1973 | J.A.S. | 12/02/1995 | San Sebastián |
| 3,35 R.E.       | Silvia Delgado Rama                    | 1973 | J.A.S. | 12/02/1995 | San Sebastián |
| 3,40 R.E.       | Silvia Delgado Rama                    | 1973 | J.A.S. | 12/02/1995 | San Sebastián |
| 3,45 R.E.       | Silvia Delgado Rama                    | 1973 | J.A.S. | 13/01/1996 | Vilafranca    |
| 3,45 R.C.       | Silvia Delgado Rama                    | 1973 | J.A.S. | 25/02/1996 | San Sebastián |
| 3,50 R.C.       | Silvia Delgado Rama                    | 1973 | J.A.S. | 25/02/1996 | San Sebastián |
| 3,61 R.E.       | Silvia Delgado Rama                    | 1973 | J.A.S. | 25/02/1996 | San Sebastián |
| 3,61            | Ana Pinero Ortíz                       | 1986 | J.A.S. | 01/03/2003 | Valencia      |
| 3,80            | Ana Pinero Ortíz                       | 1986 | J.A.S. | 01/01/2017 | Sabadell      |
| 3,80            | Ana Pinero Ortíz                       | 1986 | J.A.S. | 20/01/2017 | Sabadell      |
| 4,00            | Ana Pinero Ortíz                       | 1986 | J.A.S. | 20/01/2017 | Sabadell      |
| <b>Llargada</b> |                                        |      |        |            |               |
| 3,35            | Anna M <sup>a</sup> Sanmartí Monistrol | 1953 | J.A.S. | 28/01/1968 | Barcelona     |
| 3,67            | M <sup>a</sup> Gloria Mayoral Nortes   | 1954 | J.A.S. | 01/02/1969 | Barcelona     |
| 4,22            | Teresa Pascual Peñalva                 | 1961 | J.A.S. | 15/02/1975 | Sabadell      |
| 5,03            | Montse Pujol Clusella                  | 1961 | J.A.S. | 29/01/1977 | Sabadell      |
| 5,22            | Sònia Rallo Rodríguez                  | 1972 | J.A.S. | 02/02/1991 | Sant Cugat    |
| 5,35            | Sònia Rallo Rodríguez                  | 1972 | J.A.S. | 09/02/1991 | Sant Cugat    |
| 5,51            | Sònia Rallo Rodríguez                  | 1972 | J.A.S. | 19/01/1992 | Zaragoza      |
| 5,75            | Sònia Rallo Rodríguez                  | 1972 | J.A.S. | 15/02/1992 | Oviedo        |
| <b>Triple</b>   |                                        |      |        |            |               |
| 11,29           | Sònia Rallo Rodríguez                  | 1972 | J.A.S. | 19/01/1991 | Sant Cugat    |
| 11,34           | Sònia Rallo Rodríguez                  | 1972 | J.A.S. | 26/01/1991 | Sant Cugat    |
| 11,88           | Sònia Rallo Rodríguez                  | 1972 | J.A.S. | 02/02/1991 | Sant Cugat    |
| 11,92           | Sònia Rallo Rodríguez                  | 1972 | J.A.S. | 17/02/1991 | Sevilla       |
| 12,24 R.C.      | Sònia Rallo Rodríguez                  | 1972 | J.A.S. | 25/01/1992 | Valencia      |
| 12,30 R.C.      | Sònia Rallo Rodríguez                  | 1972 | J.A.S. | 25/01/1992 | Valencia      |
| 12,36 R.C.      | Sònia Rallo Rodríguez                  | 1972 | J.A.S. | 09/02/1992 | Zaragoza      |
| 12,52 R.C.      | Sònia Rallo Rodríguez                  | 1972 | J.A.S. | 09/02/1992 | Zaragoza      |
| <b>Pes</b>      |                                        |      |        |            |               |
| 6,36            | Teresa Puell Mela                      | 1953 | J.A.S. | 01/02/1969 | Barcelona     |
| 7,05            | Teresa Puell Mela                      | 1953 | J.A.S. | 20/12/1969 | Barcelona     |
| 7,91            | Teresa Puell Mela                      | 1953 | J.A.S. | 20/12/1970 | Sabadell      |
| 7,99            | Teresa Puell Mela                      | 1953 | J.A.S. | 13/02/1971 | Sabadell      |
| 8,43            | Àngels Vives Gallart                   | 1957 | J.A.S. | 02/03/1974 | Sabadell      |
| 9,05            | Àngels Vives Gallart                   | 1957 | J.A.S. | 15/02/1975 | Sabadell      |
| 9,15            | Silvia Delgado Rama                    | 1973 | J.A.S. | 24/02/1991 | Zaragoza      |
| 11,32           | Eva Uroz Pera                          | 1975 | J.A.S. | 23/02/1992 | Oviedo        |

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| <b>Pentatló</b>           |                                      |      |        |            |               |
| 2.669 p                   | Silvia Delgado Rama                  | 1973 | J.A.S. | 04/03/1990 | Oviedo        |
| 2.721 p                   | Silvia Delgado Rama                  | 1973 | J.A.S. | 24/02/1991 | Zaragoza      |
| 2.815 p                   | Sónia Moreno Torres                  | 1975 | J.A.S. | 20/02/1994 | San Sebastián |
| 3.415 p                   | Mar Codó Bas                         | 1977 | J.A.S. | 27/02/1994 | Sevilla       |
| <b>4x1 volta (156 m.)</b> |                                      |      |        |            |               |
| 1'29"0                    | Pujol - Pujol - López.- Cuervo       |      | J.A.S. | 11/01/1975 | Sabadell      |
| 1'28"4                    | Pujol - Pujol - Cuervo - Playá       |      | J.A.S. | 25/01/1975 | Sabadell      |
| <b>4x200</b>              |                                      |      |        |            |               |
| 1'52"59                   | Crespo – Amiel- Raspall - Mas        |      | J.A.S. | 14/01/1996 | Vilafranca    |
| 1'50"34                   | Marín – Amiel-Bueno - Jordà          |      | J.A.S. | 12/01/1997 | Vilafranca    |
| 1'49"70                   | Villegas - Mas Colomer - Bueno       |      | J.A.S. | 15/03/1997 | San Sebastián |
| 1'46"87                   | Marín – Villegas- Valero - Jordá     |      | J.A.S. | 18/01/1998 | Vilafranca    |
| 1'46"53                   | García - Marquino - Mitjà - Jiménez  |      | J.A.S. | 18/01/2015 | Sabadell      |
| 1'45"65                   | Jiménez - Ayuste - Marquino - García |      | J.A.S. | 24/01/2015 | Antequera     |
| <b>4x400</b>              |                                      |      |        |            |               |
| 4'16"45                   | Casado - Izquierdo - Pérez - Polo    |      | JAS    | 07/01/2018 | Sabadell      |
| 4'12"99                   | Pisa - Surroca - Urban - Raimundo    |      | JAS    | 05/01/2019 | Sabadell      |
| <b>4x200 mixte</b>        |                                      |      |        |            |               |
| 2'03"11                   | Castander-Balagué-Gracia-Espanya     |      | J.A.S. | 22/12/2022 | Sabadell      |
| 1'45"70                   | Costals-De Miguel-Diallo-Balagué     |      | J.A.S. | 22/12/2022 | Sabadell      |

**Relació de pistes (Catalunya):**

Barcelona-1968: Palau nº 1 Fira de Mostres (ciment).

Barcelona-1969-70: Palau nº 1 Fira de Mostres (fusta-corda 182 m.).

Barcelona-1995: Palau Sant Jordi (sintètica-corda 200 m.).

Sabadell- 1970-80: Pavelló Municipal d'Esports (fusta-corda 156 m.), (recta central 50 m.-goma)

Sant Cugat: Centre d'Alt Rendiment, CAR (mòdul de salts).

Vilafranca: Palau Firal del Vi (sintètica-corda 200 m.)

Sabadell des de 2010: Pista Coberta de Catalunya (sintètica-corda 200 m.)

- **Abreviatures rècords:**

R.I. Rècord Iberoamericà absolut

R.I.e. Rècord Iberoamericà absolut elèctric

R.E. Rècord Espanya absolut

R.C. Rècord Catalunya absolut

R.E.e. Rècord d'Espanya elèctric

R.E.c. Rècord d'Espanya per clubs

R.C.c. Rècord Catalunya per clubs

\* Recopilat, registrat i actualitzat per:

Fins 1977: Josep Company Joaquim

A partir de 1978: Ricard Rof Costals